

December 2006

# *Bavarian-* **American**

Monthly

*Happy Holidays*

*Serving the communities of the*  
U.S. Army Garrison Grafenwoehr and U.S. Army Garrison Hohenfels





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Photo: Liquid Library

This magazine is available on-line:  
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For information, suggestion and ideas,  
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DSN: 475-8656 or 466-4023  
Civ: 09641-838656 or 09472-834023

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## Welcome to Bavaria by Tess Peterson



comfortable in the classroom, students are taken out on the town. The opportunity to dine at a German restaurant offers practice in a casual and stress-free environment. Not to mention, you'll be able to expertly say, "Wo ist die Toilette?" The *Welcome to Bavaria* experience mixes excitement with education—a combination that is sure to bring its students closer together.

A typical day in the *Welcome to Bavaria* class begins at 9:00 a.m. With free childcare provided through CDC, people are ready to learn. *Welcome to Bavaria* is unique because, though it is mainly focused on the German culture, the class also educates about services available on post. Scheduled guest speakers will come in to talk about their programs. Having these resourceful people at your disposal to answer any questions will help build your confidence.

The *Welcome to Bavaria* experience is one that people should not miss out on. Learning about the German culture will help people feel more comfortable about relocating here to a foreign country. It's never too late to take this class! Immersing yourself in the German culture will be fun and educational. Being able to handle certain situations in the German culture is an important asset to successful living. You don't want to miss out on this experience!

***"Many of us have been caught off guard by the culture shock. ACS is ready to help."***

Relocating to Germany can be stressful. Many of us have been caught off guard by the culture shock. The language barrier alone causes plenty of trouble. Have you ever been out on the economy and looked for the restroom? Sometimes, in dire situations, our recollection of the little phrases committed to memory just won't get us through. Army Community Service (ACS) is ready to help. The Relocation Readiness program at ACS offers the ever useful *Welcome to Bavaria* class.

Once signed up for the *Welcome to Bavaria* course, you can expect to walk away with an introduction to the German language, tours through the local community as well as post and a chance to make new friends. Sylvia Johnson, a local national and the program manager, helps with pronunciation which may be the thing to kick-start your language learning process. After getting

All classes are Monday through Friday.

December 4 - 8	9:00 a.m. – 4:00 p.m.
January 8 - 12	9:00 a.m. – 4:00 p.m.

Please check the ACS Quarterly Class Schedule for more dates and times.

ACS offers the five day class once a month. With spaces limited, please sign up as far in advance as possible. Childcare is provided. Reservations must be made at CDC prior to class. To register for *Welcome to Bavaria* or for more information call ACS at DSN: 476-2650 or CIV: 09662-83-2650.

## Army Family Team Building (AFTB) *by Michelle McLaughlin*

I remember when I was a brand new Army wife. We lived in Kansas and I worked on post as a catering manager. My parents and siblings didn't live too far away from me so when my husband came home and told me about Army Family Team Building (AFTB) and the classes it offered, I thought to myself "Why do I need to know about the Army and how it works?" Well, after some discussion he told me that he "really wanted me to go because if I went to AFTB Level I, then he could have the next day off." I decided to give the guy a break and attend the class. Let me tell you, I thought I was doing him a favor but in all actuality, I did myself the biggest favor I could have. I learned so much about Army life, resources in the community, expectations I had about the Army and the expectations the Army had for me as a spouse.

Shortly after my AFTB Level I class, we moved to Vilseck, Germany. I soon found myself wondering how I was going to deal with living in a country in which I didn't know the language. My family and I were in country for two weeks when my husband came home and informed me he was leaving for the States the following week for two months. At this point I knew I needed to find something to do so I wouldn't go absolutely nuts! One thing I learned fast was there were no jobs open in my field in Vilseck so I began looking for volunteer opportunities. I went to the local Army Community Service (ACS) office and saw a flyer for

AFTB classes. I remember what an incredible experience I had with AFTB Level I, and decided to sign up for Level II.

In that class I knew I was hooked. I'd never been to a class where I was left wanting more. So much so in fact that I decided I wanted to be an instructor allowing me to be involved with the program between classes. Since then, I've taken AFTB Level III, became an AFTB instructor and finally an AFTB Master Trainer.

I wanted to share my experiences with you because this month is AFTB's 12<sup>th</sup> Birthday and this is a perfect time for you to experience AFTB for the first time, or perhaps go back for those levels you still need to complete. AFTB is a volunteer-based program and is always searching for volunteers and instructors. So, if you are looking for professional development classes, a great way to network, or to find out what resources you really have at your fingertips, AFTB is for you!

All AFTB classes are tuition-free and open to all community members. Childcare is provided on a space-available basis. For a class schedule, to register for classes, or for more information contact your local ACS, CIV: 09662-83-2650 or stop by your local AFTB office (Bldg. 221 in Vilseck). Classes can also be taken on-line in English and Spanish at [www.myarmylifetoo.com](http://www.myarmylifetoo.com). Have fun and happy holidays!

## Private Organizations (PO) and Fundraising *by Monika Daugherty*

Private Organizations (PO) are important to our communities, especially at overseas military installations, where they complement Garrisons by providing social networking opportunities for community members. Currently there are over 50 POs registered to operate within the USAG Grafenwoehr and USAG Hohenfels footprint including scouts, spouses clubs, veterans' groups, religious orders, and recreational clubs.

Despite their contributions to the military community, and their support of Army goals and objectives, POs are not endorsed by the Department of Army. Private Organizations are considered non-federal, self-sustaining entities which are subject to Host Nation law; are not entitled to immunities and privileges given to governmental agencies; and, must follow policies as outlined in the Joint Ethics Regulations, Army Regulation 210-22, and Army Europe Regulation 210-22.

Occasional fundraising may be authorized by the Garrison Commander for approved POs. (Note - The

Garrison Commander may also permit Family Readiness Groups to fund raise, even though they are not considered POs. ) To ensure compliance with regulatory guidance and Host Nation law, the following rules apply:

- The fund raising organization must have a copy of the Garrison Commander's approval on-hand
- The PO must clearly identify how the proceeds they raise will be used
- Fundraisers are restricted to the installation, limited to ID card holders
- Door-to-door solicitation is prohibited
- Fund raising may not include any resale or transfer of items imported through APO or items purchased through the tax-relief system

To learn more about Private Organizations and fund-raising, please contact the Directorate, MWR, Financial Management, Building 539, Room 138, at DSN: 475-6978 or CIV 09641-83-6978.



<b>Vilseck:</b>	<i>December</i>	
4 - 8	Welcome to Bavaria	9:00 a.m. - 4:00 p.m.
5	Beginner RESUMIX Class	1:30 p.m.
6	Checking Account Maintenance	1:00 - 3:00 p.m.
	Caterpillars & Butterflies Play Morning, Vilseck Chapel	9:30 - 11:00 a.m.
7	Single Parent Support Group	3:00 - 5:00 p.m.
11 - 14	AFTB Instructor Training	TBD
12	Beginner RESUMIX Class	1:30 p.m.
	Advanced RESUMIX Class	2:45 p.m.
13	Caterpillars & Butterflies Play Morning, Vilseck Chapel	9:30 - 11:00 a.m.
	International Spouses' Club	11:00 a.m. - 1:00 p.m.
	Money Management	1:00 - 3:00 p.m.
14	Single Parent Support Group	3:00 - 5:00 p.m.
	Smooth Move	3:00 - 5:00 p.m.
	Sponsorship Training	9:00 - 11:00 a.m.
19	Beginner RESUMIX Class	1:30 p.m.
	Advanced RESUMIX Class	2:45 p.m.
20	Caterpillars & Butterflies Play Morning, Vilseck Chapel	9:30 - 11:00 a.m.
21	Single Parent Support Group	3:00 - 5:00 p.m.
27	Community Sexual Assault Awareness Training	9:00 - 10:00 a.m.
	Caterpillars & Butterflies Play Morning, Vilseck Chapel	9:30 - 11:00 a.m.
28	Single Parent Support Group	3:00 - 5:00 p.m.

<b>Hohenfels:</b>	<i>December</i>	
1	EDIS Discussion & Playgroup, Bldg. 743	9:00 - 11:00 a.m.
4	Harness your Holiday Spending	11:30 a.m. - 12:30 p.m.
	Identifying and Reporting Child Abuse	1:00 - 2:30 p.m.
5	Early Pregnancy Workshop	9:00 - 11:00 a.m.
	Avoiding Overdrafts	3:00 - 5:00 p.m.
6	Credit & Budgeting	10:00 - 12:00 p.m.
	What to do with those Downrange Dollars	2:00 - 4:00 p.m.
7	Infant Massage, Bldg. 743	9:30 - 10:30 a.m.
	Managing your Money	2:00 - 4:00 p.m.
8	EDIS Discussion & Playgroup, Bldg. 743	9:00 - 11:00 a.m.
11	Waiting Spouses Coffee Group, Bldg. 348	9:00 a.m. - 1:00 p.m.
	Insurance: Can I Afford Not To?	10:00 a.m. - 12:00 p.m.
12	Investments De-Mystified	1:00 - 3:00 p.m.
	Federal Resume Preparation, Bldg. 40	3:00 - 4:30 p.m.
13	Local Job Searching, Bldg. 40	2:00 - 3:00 p.m.
14	Infant Massage, Bldg. 743	9:30 - 10:30 a.m.
	Brown Bag Lunch Training, Bldg. 40	11:00 a.m. - 1:00 p.m.
18	TSP: Now's the Time!	11:30 a.m. - 12:30 p.m.
19	Credit Reports 101	3:00 - 5:00 p.m.
21	Infant Massage, Bldg. 743	9:30 - 10:30 a.m.
22	EDIS Discussion & Playgroup, Bldg. 743	9:00 - 11:00 a.m.

## Army Community Service (ACS)

Grafenwoehr, Bldg. 244  
DSN: 475-8371 CIV: 09662-83-8371

Vilseck, Bldg. 322  
DSN: 476-2650 CIV: 09662-83-2650

Hohenfels Bldg. 317  
DSN: 466-4860 CIV: 09472-83-4860

## Annual Kid's and Teen's Newcomers' Orientation by Precilla Tolbert & Carol Stone



In August 2006, ACS held the First Annual USAG Hohenfels Kid's and Teen's Newcomers' Orientation. The four-day orientation provided an introduction to several Hohenfels facilities, to include the Elementary School, Hohenfels High School, School Age Services, Youth Sports, Teen Center, and Turnbull Memorial Library. In addition to the many briefings and tours, the children

greetings and fun facts about the German culture. The participants also enjoyed lunch at the USAG Hohenfels and 1-4 Infantry Dining Facilities. At the end of the day, the group was taken to the Parsberg Eis Café for ice cream and spent the remainder of the day testing their bowling skills at Lane 17 Bowling Center.

The orientation also includes an exciting collection of field trips. Each age group was treated to a different location, to include a trip to the Schwimmbad in Parsberg, the amusement park Schloss Thurn in Heroldsbach, and the water park Palm Beach in Nuernberg.

With 80 children partaking in the event, the USAG Hohenfels Kid's and Teen's Newcomers' Orientation was a complete success. The 2007 Orientation is already being planned and will include more activities and field trips, to include Playmobil and Legoland. ACS encourages all new school-age Hohenfels community members (grade 1<sup>st</sup> through 12<sup>th</sup>) to call DSN: 466-4860, CIV: 09472-4860 for more information about this exciting week of events for your children.



## Army Volunteer Corps Program by Lara Clagett & Carol Stone

It is a known fact that volunteers are a vital part of the community, but this is never more apparent then during the holiday season. During the holiday season volunteers go above and beyond the call of duty by completing numerous special projects.

With so many stressful holiday responsibilities upon us (i.e. shopping, cooking, cleaning) it is easy to overlook reporting your volunteer hours.

Many of you may feel that you don't need to be recognized for your volunteering efforts because

you volunteer simply for the joy of giving back to your community. Here at Army Community Service we would like to honor how truly special and important you are to the Hohenfels Community. Take a moment to add reporting Volunteer Hours to your holiday "to do" list. Please remember *"Every minute you volunteer, you make a difference in someone's life. Every hour you volunteer, makes a difference in your community."*

Happy Holidays from the Army Volunteer Corps Program at ACS!

## Harness Your Holiday Spending *by Amy Bernath, ACS*

*Financial Readiness Program, USAG Hohenfels*

It's that time of year again, when stores display holiday decorations, increase inventory, and gear up for the onset of holiday shoppers. The local Christmas markets lure us with their booths, music, merchants, and delightful decorations. Before starting your seasonal shopping, take stock of how much money you have available for holiday spending.

Ideally, you've planned and budgeted for the holidays all year long. If you started last January by developing an annual budget, established how much you wanted to save by the end of the year, and set that amount aside on a monthly basis, you should be ready to head to the PX, mall, or Christkindlmarkt. If not, you can still avoid stress and strain by following these holiday money management tips from the American Financial Services Association's Consumer Credit Education Foundation:

- Budget for purchases. Determine the total dollar amount available in your budget for holiday spending. Make a list of who's on your shopping list and set a budgeted amount for each person's gift. Remember: if you find the perfect gift and it costs less than your budgeted amount there's no need to buy another gift, just to meet your budgeted figure. Deduct the difference from your overall budget!
- Draw names. If your list of family and friends is long, suggest this approach for gift giving.
- Take advantage of seasonal bargains. Many stores begin their year-end sales during the holiday season. Be alert for bargains (and if you are shopping on the German economy, don't forget to use your VAT Form!)
- Consider shopping by catalog or online. Shipping charges will need to be included in your budget. Batch your purchases to help defray shipping costs. Be on the lookout for e-shopping sites or catalogs that offer free shipping with a minimum purchase amount.
- Allow time for planning and comparison shopping. Keep your budget in mind and shop carefully!
- Borrow wisely (preferably, not at all!). Credit cards and loans are frequently used to make up for

a lack of holiday cash. Both allow you to repay the amount owed over a period of time, although you pay for this advantage in finance charges. Remember that you'll have to live on less, and budget for the credit card and/or loan payments you'll have to make.

Taking control of your holiday spending helps you avoid seasonal stress, and allows you to enjoy this time of year with family and friends.

**Dear Brandi,**

**Q.** *We're really concerned about our seventeen year-old. He goes out to local clubs in Parsberg with friends we don't know. He started sleeping in late, doesn't help around the house anymore, and his grades are going down. A new thing he does is sneak food into his room when he gets home late. We think he's smoking pot. We've always trusted him and don't want to stop now, however, we don't want him to get hurt or make stupid decisions.*  
MAJ and Mrs. B. Leaf

**A.** Dear MAJ and Mrs. B. L:  
I have a feeling that you wanted to refer to "the handbook" for this situation but after seventeen years of raising your son you know that there aren't enough books out there to prepare you for the thought of your son using substances that may be harmful to him. It is encouraging to receive your letter simply because you are certainly aware of the changes your son has exhibited AND you ARE concerned. Awareness and concern for his safety are certainly at the heart of parenting.

First let me address the issue related to the possibility of your son using Marijuana. I immediately contacted two trusted colleagues, both clinical social workers working in Hohenfels who specialize in substance use and abuse; they are the professionals best equipped to address your immediate concerns. They stated \*services are available to educate you and help you with the identification of substance use/abuse.

The second issue is the importance of continually building trust with your son while setting appropriate limits and logical consequences. It is certainly within your parental parameters to set up guidelines for his social activities to include time limits and knowledge of friends he is spending time with.

I would recommend addressing your concerns with him in a non-judgmental manner. Listen to what your son has to say and ask for his input regarding your proposed guidelines and consequences. If your son is going out for social reasons only, he will probably observe your parameters. If not, you may expect resistance. This may be a good time to meet his friends' parents and share your concerns.

I am happy to tell you that our community support system is equipped to address your



"Dear Brandi" is a monthly advice column written by Family Advocacy Program Manager Brandi Smith. Email comments/questions to [brandi.g.smith@us.army.mil](mailto:brandi.g.smith@us.army.mil)

family's concerns. Supportive agencies include Social Work Services, The Family Life and Youth Center/Religious Services, The Military Family Life Consultant Program, The Army Substance Abuse Program\* and the Adolescent Substance Abuse Counseling Service (located within Hohenfels High School) and a myriad of ACS programs.

You are definitely on the right track MAJ and Mrs. L. by being aware of your son's changes. Please do not hesitate to contact me for further family-related concerns at [brandi.g.smith@us.army.mil](mailto:brandi.g.smith@us.army.mil).

Promoting Positive & Healthy Relationships,  
**Brandi**

*\*The Adolescent Substance Abuse Counseling Service is a comprehensive program that provides prevention, education, and referral & treatment services for youth 12-18 years old. The program promotes parental involvement in treatment. ASACS Counselor call CIV: 09472-909610*



## Local Artist in the Making!



For the last six months, staff and youth have been helping to give the Falcon's Nest Middle School/Teen Center a facelift. The most recent improvement was contributed by a very talented local artist by the name

of Ms. Courtney Stewart, friends call her Jay. Jay is 14 years old and the daughter of SGT Andre Stewart. She is currently a freshman at the Vilseck American High School and would like to attend an art school when she finishes High School. Besides art, Jay enjoys coming in to the Center and participating in various different clubs and activities; she is a part of the Cooking Club, Gardening Club and is an excellent pool player. She gets a lot of her inspiration from Anime, television and comic books.

The painting she put on the game room wall of the Center, "Not UR Ordinary House Cat" she created in her spare time at home and brought it into the center for us to post. All the other youth liked it so much; we decided to have her encrypt it on the wall. And there it sits. This of course is not the only piece of Jay's work we have around the center, she always assists with redecorating bulletin boards and she will have a number of different pieces in the Boys & Girls' Club of American Local Art Exhibit at the Vilseck Library from 6 to 8 December. Great Job Jay!

## Children and Youth are in the Spirit of Giving *by Anita Landgraf-Payne*



There is something about the Winter Holiday Season that brings out the good in most of us; and children are no exception!

Around Thanksgiving every year, the children and youth in CYS programs begin to offer suggestions about how they might help out someone in need during the holiday season. They

always come up with creative ideas that, with the help of CYS staff and parents, turn into meaningful projects.

The Grafenwoehr Torch Club and the Keystone Club will assist the Veterans of Foreign Wars Post 9334 (Vilseck) by collecting toys and clothing for the Orphans in Most, Czech Republic. The teens will collect the toys and

wrap them so they are ready for delivery to the children. It started 6 November and will end 1 December 2006.

The Grafenwoehr SAS Program will sponsor "Operation Santa Paws". The children are collecting feline/canine toys and treats for delivery to the Tierheim (German Animal Shelter) through the Vilseck Veterinary Clinic. Please bring new pet toys such as chewys and balls, bowls and towels. Towels can be used, just clean and in fair condition.

The children at Vilseck SAS researched local charities and initiated a canned food drive to help needy families. You can drop off your donation in the SAS lobby.

Grafenwoehr and Vilseck CDC kindergartners are making angels to send downrange to deployed soldiers. Each angel will carry a special message of good cheer.

This is the season of sharing. Thanks to all of the children and youth who have contributed their ideas and talents to these helping projects.

## It's a "SNAP" to Find Special Services for Your Child by Anita Payne-Landgraf



Child and Youth Services (CYS) accommodates children with special needs in Child Development Centers (CDC), School Age Services (SAS), FCC Homes, Youth Centers, Sports & Fitness and other activities. To understand your child's unique special needs, CYS collaborates with you (the parents) and a variety of professionals in the community. This collaboration happens at a Special Needs Accommodation Process (SNAP) meeting. The SNAP team is chaired by the Exceptional Family Member Program (EFMP) Manager and usually comprised of the parents, the CYS Coordinator, the Community Health Nurse (CHN), CYS Health Specialist, the CYS Facility Director and Training Specialists. When needed, the Early Development Intervention Services (EDIS) staff or the School Liaison Officer may attend.

People sometimes confuse the term "special

need" with "disability". We often hear parents say, "My child doesn't have 'special needs', he only has asthma (or allergies, or exema). For CYS, any condition that requires a medication that is not on our "approved" medication list is considered a "special need". We want to make sure that our staff has been trained to administer any medications and provide any special support needed to make sure your child is safe and healthy in CYS programs. That may mean training staff to use a nebulizer or to use an Epi-Pen to counteract an allergic reaction. Bottom line, when you tell us your child has "special needs", CYS needs to know how to accommodate your child in our programs.

Before a SNAP meeting is scheduled, parents must complete an allergy or asthma care plan (if applicable) and have a Health Provider review and sign it. The next step is to take those care plans and your child's medical record to the CHN for review. The CHN has appointments in both Grafenwoehr and Vilseck, so call for an appointment at DSN 476-2358 or Grafenwoehr at DSN 475-8307. When the CHN has reviewed the medical records, she will contact the EFMP manager to schedule a SNAP meeting.

We do not require you to take your child to the SNAP meeting, but a play space is available if you want to bring him/her. First on the SNAP agenda is an opportunity for you to tell the team about your child. The goal of the meeting is for members to learn as much as we can about your child and to agree on a plan that will help your child adjust to CYS programs and get the services he/she needs to grow and develop.

If you would like more information about how DoD supports Exceptional Family Members, check out the DEPARTMENT OF DEFENSE SPECIAL NEEDS PARENT TOOL KIT at the Military Homefront website at <http://www.militaryhomefront.dod.mil/>. MilitaryHOMEFRONT is the official Department of Defense web site for reliable Quality of Life information designed to help troops and their families, leaders and service providers.

For questions about accommodating your child's special needs in a CYS program, call the CYS Coordinator at DSN: 475-8430 or the EFMP Program Manager at DSN: 476-2650.

### *Vilseck School Age Services*

#### **Winter Wonderland Camp**

**December 21-29**

Field trips and special activities will include

- Ice skating
- Trip to the Nutcracker Factory
- Bowling
- Holiday crafts
- Cooking projects
- and much more.

Sign up now and enjoy the Holiday break with Vilseck SAS.

#### **CYS Central Registration**

Grafenwoehr, Bldg. 244  
DSN: 475-6655 CIV: 09641-83-6655

Vilseck, Bldg. 224  
DSN :476-2760 CIV 09662-83-2760

Hohenfels, Bldg. 96  
DSN: 466-2078 CIV: 09472-83-2078



# Winter Break Camp

## Vilseck Middle School/Teen Center

CYS Winter Break Camp for Middle and High Schoolers is December 26 - January 5th. Cost is \$20 each week. Entrance fees are extra.

- |        |   |
|--------|---|
| 27 Dec | Regensburg Shopping Trip from 9:00 a.m. to 6:00 p.m. Bring shopping money   |
| 29 Dec | Amberg Swimming Trip from 10:00 a.m. to 4:00 p.m.   |
| 3 Jan  | Ski Lift in Vilseck from 10:00 a.m. to 4:00 p.m. If you want to ski or snowboard, you must bring your own equipment |
| 5 Jan  | Nuremberg Palm Beach from 9:00 a.m. to 6 p.m.   |

\*\*Youth that are not registered in the Winter Break Camp can still participate, they must pay a \$10 trip fee for each trip plus entrance fees.\*\*

Call or stop by for more information



# Child and Youth Services



## Parents Day Out

Saturday, December 2, 9 a.m. – 2 p.m.  
Childcare Site in Vilseck

Saturday, December 9, 9 a.m. – 2 p.m.  
Childcare Site in Grafenwoehr

Reservations required by November 27

Childcare Available For Registered CYS Patrons  
\$4.00 per hour/per child  
Reserve your spot by calling 476-2760/475-6656 or emailing  
[cysinfo@graf.eur.army.mil](mailto:cysinfo@graf.eur.army.mil)





## Grafenwoehr Bowling Center Mardi Gras New Year's Eve Party




Spend your New Year's Eve at the Grafenwoehr Bowling Center with a Mardi Gras Party. The cost is \$99 for a group of eight people per lane. There will be lots of prizes to be won, a Free buffet and party accessories! Drinks are not included.

The party begins december 31st at 9:00 p.m. and continues until 2:00 a.m. January 1st. There must be a minimum of 14 lanes reserved for the party. Please RSVP by December 15th. Contact Leon Lee or Nancy Steinbauer at DSN 475-6177.

Armed Forces Entertainment & USO  
Present

**MTV** **YO MOMMA**


CAST PHOTOS  
Wilmer Valderrama,  
Jason, and Sam  
Photo by  
Sebastian Artz  
Want more? Visit:  
WWW.MTV.COM



**The Weak need not apply...**

**MTV's YO MOMMA**  
Trash Talking Competition  
Thursday, January 4, 2007  
7:00 P.M.  
at the Hohenfels Zone Club  
Auditions for the show begin at 2:00 P.M.  
Open to all US ID cardholders  
Graf/Vilseck/Ansbach/Bamberg

For more info call DSN 466-2340




**SEASON GREETINGS**  
from the Staff at the  
Hohenfels  
Arts & Crafts  
Center



## Hohenfels FRG Childcare Relief



**CDC (Bldg. 44) will offer evening childcare  
on the 2<sup>nd</sup> Wednesday of every month.  
6:00 p.m. - 8:00 p.m.  
for parents attending FRG meetings.**

**To reserve space contact your FRG Leader**



## Hohenfels Community Member Rosemarie Smith Awarded Top Honors *by Joanne Love*



The Hohenfels Box Seat Theater participated in the 2006 IMCOM-Europe Entertainment One Act Play Festival at the Roadside Theater in Heidelberg Germany. The festival provides an opportunity for US Forces theater departments (Europe and Korea) to bring their best productions to compete in this regional festival of short dramas, comedies, and musicals.

After each performance, the show is judged and openly critiqued by an international panel of professional theatre adjudicators. The weekend also included workshops for acting, music, and directing; a monologue competition; and a guest performance. There were 20 theaters

represented from Germany, Italy, Belgium, and Korea.

The Hohenfels Box Seat Theater production of **Chicks**, directed by Joanne Love, was the recipient of two awards:

**2006 Best Actress - Rosemarie Smith**, in her portrayal as Mary Margaret Phallon. Her excellent performance was the highlight of the Friday night competition and she was highly praised for her work by the three adjudicators including Morrie Enders, Artistic Director, Kalamazoo Civic Theatre, Second City's Nancy Beckett, and Brid McBride the Irish Theater Dublin Ireland.

**2006 Second Best Stage Manager - Hannah Porter**, from the Hohenfels High School, won for stage preparation and meeting the competition requirements for Stage Management.

Congratulations to Rosemarie, Hannah and Joanne for representing USAG Hohenfels in this time honored theatrical tradition. Please contact the Hohenfels Community Activities Center (Bldg. 40) at DSN: 466-2840 for future Hohenfels Box Seat Theater Performances.

## Women Contestants Shine at the Rock, Paper, and Scissors Tournament *by Joanne Love*

The competition kicked off with the contestants warming up their hands, cracked their knuckles and applied hand lotion to their nimble fingers. The Rock, Paper, Scissors Tournament, which is apart of The World Rock Paper Scissors Society, was underway on Sunday, October 15<sup>th</sup> at the Lane 17 Bowling Center.

Under the watchful eyes of Bowling Center Manager, James Williams, this single elimination tournament was officiated by Lane 17 co-worker Jason Ensign. Hohenfels community members were present to participate but in the end the women contestants out-

lasted the men and walked away with top honors.

First prize trophy and jacket went to Kristina Welch from USAG Hohenfels, Ashley North took second place and Mechia West took third. Ashley and Mechia are currently stationed at Hohenfels for rotation training from Fort Benning, Georgia. All contestants received a free Hohenfels T-Shirt for participating.

Congratulations to our Rock, Paper, Scissors Champions. Watch for the next competition and come join the fun.

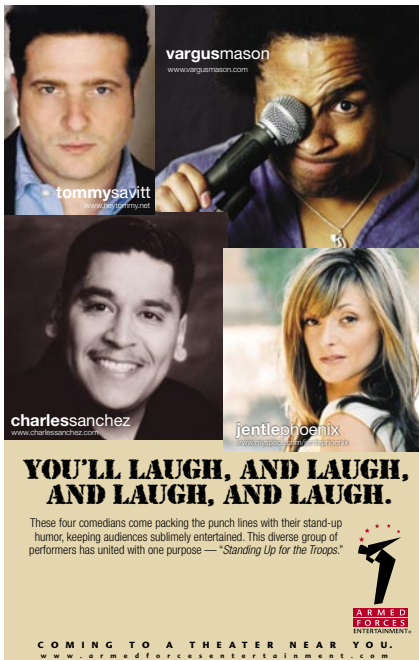


1<sup>st</sup> Place Kristina Welch,  
2<sup>nd</sup> Place Ashley North,  
3<sup>rd</sup> Mechia West

Photos by Joanne Love



## “Standing Up for the Troops” - A Great Night of Entertainment in Hohenfels



It was standing room only at the Hohenfels “The Zone” on Monday, October 16<sup>th</sup>. The Hohenfels community was treated to the comedic antics of the Armed Forces Entertainment Comedy Show “Standing Up for The Troops” starring Comedian Vargus Mason, Charles Sanchez, Tommy Savitt, and Jentle Phoenix.

The two and half hour show was packed with laughs and each comedian gave a unique perspective on everything

from the daily grind, to relationships, and politics.

Vargus Mason, dubbed the “Human Cartoon” delighted the audience with an arsenal of animated voices & physical comedy. He has been featured on top comedic shows such as; NBC’s “Last Comic Standing,” BET’s “Comic View,” and HBO’s “Young Comedian Spotlight.” His talents have taken him around the globe and he has opened for fellow comedians “Damon Wayans,” “Rodney Dangerfield” and “Howie Mandel.

The comedic team signed autographs, shook hands and gave each audience member a CD of their latest routine. The Hohenfels community showed their appreciation via applause and cheers. Garrison Commander LTC James V. Matheson and Garrison CSM Donald Battle were on hand to present the team with a Certificate of Appreciation for their outstanding performance.

For future events please contact “The Zone” Bldg.150) at DSN: 466-2754/4436.

**Bingo Fever?**  
**The Community Activities Center**  
**has your cure...**

**Come & enjoy Friday Night Bingo**  
**the CAC (Bldg. 40)**

- 4 Early Bird Games
- 16 Regular Games
- Half-Time Game for A Prize

**For more information call DSN 466-2840**

**Hohenfels**  
**Germany**

**Lane 17**

**9 & 8 PIN**  
**SCRATCH**

**3 in 1**  
**Tournament**  
**December 8<sup>th</sup> & 9<sup>th</sup>**  
**11:00 a.m. – 6:00 p.m.**

**1<sup>ST</sup> Place Prize - \$200**

**\$20 Initial entry fee each day**  
**\$12 fee for second & subsequently entry fees**

**Payouts will be based on the number of entries**  
**(1 place for every 4<sup>th</sup> entry)**  
**Total pin count will determine winners.**

**Payouts on December 6<sup>th</sup> will be after 6:00 p.m.**  
**No starts after 5:30 p.m.**

**For more information, please call 466-4611**



## Great New Changes for Hohenfels Lane 17 Bowling Center *by James Williams*

The Lane 17 Bowling Center upgraded their scoring system to what's called Bowland-X considered to be one of the best scoring system on the market.

The system offers over 500 animated and video graphics grouped into libraries. Graphics can be shown in full screen or as a smaller inserted picture. Bowlers can choose their own animation library from the bowler console or the front counter. Each lane has the ability to listen to the animation package from their bowling console as well as adjust the sound volume.

There are also a wide variety of alternative games that bowlers can choose from such as Poker Bowling or even Tic Tac Toe that takes the monotony of bowling.

Another added feature to the software is a Multi Media System. The system is integrated into the software that will allow features such as viewing the waiting list,

view another lane's scores during league play, and view league and tournament standings. This portion of the scoring system can be viewed on two new 42" plasma screens that also give the viewer the ability to broadcast sporting events and even show the latest music videos on Extreme Bowling nights (Friday and Saturday).

The system improves management of our frequent bowling programs and displays ball speeds on the monitors. You may even order a drink or food from the snack bar without ever leaving the comforts of the bowling area. It consolidates your charges for the night and you can pay for everything at the front counter. We are modifying our weekly bowling programs so you can take full advantage of this new scoring system.

Sign Ups going on now for:  
Winter Leagues  
Mixed, Men's  
Women's and Youth Leagues  
See your Bowling Center staff for details!

### Grafenwoehr Bowling Center:

**December 2 at 10:00 a.m. - Kontakt Club Holiday Tournament**

### Vilseck Bowling Center:

**December 6 at 7:00 p.m. - 40 Frame Game Tournament**

- \$20 Entry
- Cash payouts based on number of entries payout ratio 3-1.

### **December 9 – 10 - Weekend 9 Pin No Tap**

- Entry Fee 1st start \$15.00 Reentries \$10.00. Enter as many times as you want.
- Cash payouts based on number of entries at 1-3 ratio.
- Bowlers can cash only one time (highest finish), regardless of how many times entered, any ties will split prize fund by places.
- Start any time Sat or Sun 11:00 a.m. - 6:00 p.m.
- Last start time is Sunday 10 December at 6:00 p.m.

### **December 20 at 7:00 p.m. - 3 in One Tournament**

- Game 1, 3-6-9 automatically receives strikes in the 3d, 6th, and 9th frames.
- Game 2, 9 Pin No Tap gets nine pins on your first ball counts as a strike.
- Game 3, 8 Pin No Tap gets eight pins on first ball counts as a strike
- Entry Fee \$15.00 cash payouts based on number of entries at ratio of 3-1

### **December Lunch Specials at Lane 25, Grafenwoehr:**

4	BBQ Bacon	14	Beef Philly
	Cheeseburger	15	Hot Wings
5	Grilled Cheese and	18	Tuna Melt
	Ham	19	Hawaiian Sub
6	Taco Burger	20	Sloppy Joe
7	Beef Philly	21	Beef Philly
8	Chili	22	Grilled Cheese w/
11	Chili Cheese Burger		soup
12	Sloppy Joe		
13	BLT Sandwich		

YOU COULD BE A  
**WINNER**

Stop by one of the three bowling centers in  
**Grafenwoehr**  
**Hohenfels**  
**Rose Barracks**  
and you could win a **FREE** over-night or express trip from **Enjoy Tours**.  
Call your local Bowling Center for details!

**ENJOY TOUR WINNERS**

<b>Vilseck Bowling Center</b>	<b>Grafenwoehr Bowling Center</b>
<b>Overnight Trip:</b>	<b>Overnight Trip:</b>
Thomas Pride	Frank Mclellan
<b>Express Trip:</b>	<b>Express Trip:</b>
Erik Schreckenbach	Michael Schwarz

Graf 475-6177 \* Hohenfels 466-4611 \* Vilseck 476-2576

**ENJOY TOURS**  
Your Enjoyment is Our Business

No federal endorsement of sponsor intended



## Holiday Happenings by the Grafenwoehr Library Staff



### Dear Mrs. Claus,

I saw a lady in the library today who said that she was Santa's wife. She was dressed like you, but was it really you?

HoHoHo... Santa tours the world, riding his sleigh from town to town, but Mrs. Claus never travels anywhere. The never-ending snow at the North Pole is getting her really miserable and so she has decided to take a trip to her hometown of Grafenwoehr. Mrs. Claus quickly hitches Rudolph the Red-nosed Reindeer to the sleigh and promises Santa to be back at the North Pole by Christmas Eve. This is the first time in many years that Mrs.

Claus leaves Santa in his workshop. We have it on good authority that Mrs. Claus was born in Grafenwoehr and that she will visit the children at the Grafenwoehr Library.

So come and join us on Wednesday, **6 December** for a morning full of family fun. We begin the day with Story Time and Mrs. Claus at **10:30 a.m.** Mrs. Claus will take the time to visit with the children in the Grafenwoehr Library from 11:00 – 11:30 a.m. Children can bring their Christmas wish lists and Mrs. Claus will make sure that Santa receives all lists before the holidays.



## Creative Christmas

The Holiday Season is a fascinating time of the year. It can bring out the best and the worst, the happiness and the melancholy in men, women and children. It is a time of manic shopping, continual hustle and bustle and joyful creativity.

The Grafenwoehr Library would like to help you explore your holiday creativity with a Family Fashioned Ornaments session on Thursday, **14 December** from **4:30 - 6:00 p.m.** Bring the whole family to this Make It! Take It! Event where you will learn how to make candy cane reindeer, applesauce ornaments and more. Each ornament will become a treasured memory of your joyful creativity.

## Seasonal Treats!

When the winter holidays finally arrive, they bring with them a tightly packed schedule of activities, events and must do's that can overwhelm even the most seasoned Moms. With gift shopping, activity planning, wrapping sessions, house decorating and tree trimming, holiday proceedings can overcome the simpler pleasures.

To help you alleviate some of the stress of the festive season, the Grafenwoehr Library is hosting a relative newcomer to holiday traditions, A Cookie Exchange. Begun in the early 1970s, the Cookie Exchange or Swap is an

event that adds to the pleasure of the season and helps to lighten the workload. Each participant should bring six dozen holiday cookies (of 1 or 2 recipes) and will take home six dozen cookies of a large variety. The afternoon exchange will be on Tuesday, **19 December** from **12:30 - 2:00 p.m.**

## Snuggle up and Read

When the wintry wind blows one of the great joys of reading is to be able to wrap yourself in your favorite pajamas, cuddle up into a velvety soft quilt, sip hot cocoa and nibble warm cookies while indulging in your current book of choice. The same is true for children. Reading is a joy that can be shared by the whole family and the Grafenwoehr Library is just the place to be to enjoy warm cocoa and listen to stories of the season being read. Join us on Friday, **22 December** from **6:00 - 8:00 p.m.** as we settle into the season with a pajama party story time.





## Tower View Restaurant and Conference

Allow the Tower View Restaurant to cater your next event. We offer full service, pick-up, drop off and complete special event services for breakfast, lunches, dinners and hors d'oeuvres - all catered to your unique location. We customize to your catering needs, making your event a truly festive occasion with food that appeals to the eye, the appetite, and the budget. If you have not already reserved space for your next holiday party, hail & farewell, dining out, dining inn or conference, call the Catering Office, Mon – Fri from 9:00 a.m. to 4:00 p.m.

### Tips for Planning a Catered Event:

1. Assemble as much information as possible (i.e.: estimate number of guests with a breakdown of adults and children) and budget
2. Have your location site, date, and time (including access for set up time, starting and ending time) readily available.
3. Find out what is available on site (tables, pavilion, type of grills, if any, garbage receptacles and bathrooms).
4. Are rentals necessary?
5. Decide what type of table service is required (buffet or sit down, disposable or china)
6. Decide whether you wish to have a, pick-up, drop off or a full service catering, which includes food set up, BBQ grilling & waiter service.
7. Determine parking requirements.
8. Consider decorating and entertainment to enhance your party.

#### Dining

Grafenwoehr Tower View Restaurant, Bldg. 209  
DSN: 475-6200 CIV: 09641-83-6200

Vilseck Tumbleweed's, Bldg. 60  
DSN: 476-3699 CIV: 09662-83-3699

#### Bowling Centers

Grafenwoehr, Bldg. 612  
DSN: 475-6177 CIV: 09641-83-6177

Vilseck, Bldg. 2201  
DSN: 476-2576 CIV: 09662-83-2576

Hohenfels, Bldg. 14  
DSN: 466-4611 CIV: 09472-83-4611

# King of the Hill

HILL

USAG Grafenwoehr
Bowling

December 17 at 11 a.m.


Grafenwoehr Bowling Center Brunswick **"King of the Hill" FINALS**

Top qualified finishers compete for the first place prize: **\$1000.00**

**Brunswick**

Open U.S. ID cardholders & guests. Must 18 years old to enter.

No federal endorsement intended



## A Trip to the Industrial Museum to Cure the Holiday Blues *by Grafenwoehr Library Staff*

The holidays are here, the lights are up, relatives are visiting, and you got the holiday blues? What are you planning to do about it? Have you thought of taking a family trip down memory lane to the **Industrial Museum in Lauf**? Take a lesson in a shoemaker's shop of the early 19th century. Ernst Mayer's shop and shoemakers' machines are on display to show you the importance of this craft throughout the centuries.

The museum houses a milliner's shop that shows you how milliners created fashionable ladies hats. One of the few female professions in the pre-industrial times was that of the milliner. See how a hat is created by using an old-fashioned cheroot. Other tools used to make a hat were hot streamers, irons, paintbrushes, needles and threats. Watch how umbrellas were produced in the past. In the old days, umbrellas were quite expensive accessories, and people had them repaired rather than to purchase a new one every year. The umbrella shop in the museum was founded in Nuremberg around the turn of the past century. To be an umbrella maker required a master craftsman's diploma in those days.

In addition, the museum has a beauty salon and a barber shop from the 1950's. See how perms were created and how hair cutting machines for men with exchangeable

cutters really worked.

When you start thinking of the river industry in Lauf you will naturally start to think about water mills. The Barth family of Lauf operated a large mill and the flour made there was usually transported to its destination by boat. In the "old German mill" (Altdeutsche Mühle) the

sacks of grain were manually poured into a funnel at the top of the mill and the grain was ground by two horizontally placed mill stones. The process was repeated many times to reach a fine enough flour consistency.

All this and more you can find out by traveling with the **Grafenwoehr Library** and **ODR** to the famous Industrial Museum in Lauf. The museum is committed to ensure that the history of the Pegnitz River's industrial past reaches children and adults alike. The cost for the trip is **\$12** (includes museum entrance and bus ride) payable to **ODR Grafenwoehr/Vilseck**.

On **28 December**, the bus will depart the Grafenwoehr Library at 12:15 p.m. and the Vilseck Langenbruck Center at 12:45 p.m. A minimum participation of 25 people is required to conduct this tour in English.

So come and join the library tour bus today!



## Preschool Story Time Makes a Difference *by Roger Krause*



Preschool Story Time isn't just fun, it also engages its audience. Rather than simply reading a story, the Hohenfels Program Coordinator, Violet Grant, works hard to ensure each child is given the opportunity to express themselves.

"Children have different learning needs and 3-5 year olds are very expressive. Children in that age group need a program that offers a stimulating creative outlet. I don't just read to the children, it is a more interactive discussion. I let the children tell the story in their own words and express their feelings through arts & crafts. So it is more than just a reading exercise, it is an opportunity to develop their imagination and creativity."

Violet combines elements of fun, education, and the arts to help each story take on a special meaning for each child. The children are able to build their confidence through group discussion as well as express their feelings symbolically through the arts. Don't miss out on this unique learning experience for you child. It not to late, sign up today for December's featured events.

Whether through group discussion, arts & crafts or games, the Preschool Story Time offers more to its participants than a traditional reading program. The Hohenfels Preschool Story Time is the only **free** children's reading program structured specifically for children between the ages of 3-5 years old. Violet explains,

### December Story Time Events

<b>Dec 7th</b>	<b>10:00 a.m.</b>	<b>"Snow. Snow. Snow."</b>
<b>Dec 14th</b>	<b>10:00 a.m.</b>	<b>"Off to Good Books"</b>
<b>Dec 20th</b>	<b>10:00 a.m.</b>	<b>"Get Jolly"</b>

## Hohenfels Turnbull Memorial Library presents Pictures with Santa



**Saturday, December 16<sup>th</sup>**  
**12:00 p.m. to 3:00 p.m.**

Children of all ages are welcome to sit on Santa's knee and have their picture taken.

Join the library staff as we sing songs and tell holiday stories.

For more information contact the Turnbull Memorial Library  
(Bldg. 49) DSN 466-1740



**Turnbull Memorial Library**  
**Tree Decorating Party**  
**Wednesday, December 6<sup>th</sup> at 2:00 p.m.**

Come to the library (Bldg. 49) & join the fun as we decorate our holiday tree. Participants will make ornaments & enjoy the fun of the holiday season.

For more information call 466-1740





## December and January ITR Trips

### December 3

#### Prague Day Trip and Tour (Passport required)

See the city featured in recent movies, including "Mission Impossible." The 2-hour city tour will show you the Charles Bridge, the Astronomical Clock and many more famous sights. Find out why Prague is known as the "Jewel of Europe." During your free time in this beautiful city, you can wander through the Christmas markets they have in all the major squares.

Cost: \$39/Adult, \$29/Child (3-12). Departs: Vilseck: 5:00 a.m., Graf: 5:30 a.m.

### December 10



Congress- und Tourismus-Zentrale Nuernberg

#### Nuernberger Christkindl Markt

Here is an opportunity to visit the world famous Christmas market of Nuernberg. Enjoy all the decorations, Lebkuchen cookies, Gluehwein and all the many other sights to see in this city. Nuernberg is a very beautiful city at this time of year.

Cost: \$25/Adult, \$15/Child (3-12). Departs: Vilseck: 8:00 a.m., Graf: 8:30 a.m.

### December 17

#### Stuttgarter Christkindl Markt

The Christmas market of Stuttgart is setup throughout the main downtown part of the city. You can find many of the traditional Christmas items you might be looking for.

Cost: \$29/Adult, \$19/Child (3-12). Departs: Vilseck: 6:00 a.m., Graf: 6:30 a.m.

### January 7

#### Prague Day Trip and Tour (Passport required)

See the city featured in recent movies, including "Mission Impossible". The 2-hour city tour will show you the Charles Bridge, the Astronomical Clock and many more famous sights. Find out why Prague is known as the "Jewel of Europe."

Cost: \$39/Adult, \$29/Child (3-12). Departs: Vilseck 5:00 a.m., Graf: 5:30 a.m.

### January 14

#### Karlovy Vary, Czech Republic (Passport required)

Karlovy Vary has rich history and is world renowned for its spas. You can stroll along the scenic colonnades as you shop for crystal, leather, amber jewelry and much more.

Cost: \$25 p/Adult, \$15/Child (3-12). Departs: Vilseck: 6:30 a.m., Graf: 7:00 a.m.

### January 21

#### Rothenburg Day Trip

If you have never been there, you don't want to miss this trip. If you have been there, maybe it is time to return! This beautiful walled city is a don't miss destination. Bring your camera and enjoy the afternoon meandering down the alleys, enjoying a coffee in one of the cafes or tour one of the museums. You can also check out the historic church and town hall.

Cost: \$29/Adult, \$19/Child (3-12). Departs: Vilseck 7:30 a.m., Graf 8:00 a.m.

### January 28

#### 2 Castle Trip

Germany is famous for its castles and Bavaria offers the biggest and best of them all. A building frenzy was initiated by King Ludwig II during his short reign, and while he almost bankrupted the country, the castles are a lasting testimony to whimsy and fairy tales. It is on to Fuessen where you can tour the world famous Neuschwanstein and the more sedate Hohenschwangau. Entry to each castle will be approximately 10 Euro per person.

Cost: \$39/Adult, \$29/Child (3-12). Departs: Vilseck 4:00 a.m., Graf: 4:30 a.m.

#### Information, Tickets & Reservations (ITR)

Grafenwoehr, Bldg. 600  
DSN: 475-7402 CIV: 09641-83-7402

Vilseck, Bldg. 607  
DSN: 476-2360 CIV: 09662-83-2360

Hohenfels, Bldg. 600  
DSN: 466-1740 CIV: 09662-83-1740

## USAG Grafenwoehr Outdoor Recreation Winter Trips 2006/2007

**December 9**

### One Day Ski Trip to Zillertal, Austria

Join us on a one day trip to Zillertal Arena.

**Cost: \$ 39**

**Departs:** Vilseck at 4:00 a.m., Graf at 4:30 a.m.

**December 27**

### Austria day trip

Join us on a one day trip to an Austrian Ski Resort.

**Cost: \$39**

**Departs:** Vilseck at 4:00 a.m., Graf at 4:30 a.m.

**December 23 - 30**

### Ski Week in Val Thorens, France

Spend the week of Christmas with ODR in Val Thorens, the largest ski resort in Europe at 7000 ft. altitude.

**Cost: \$449** Includes transportation, 7 overnights in chalet-style 2 person apartments, kitchenette and private WC, Lift pass is not included!

**Departs:** Graf at 5:00 a.m., Vilseck at 5:30 a.m.

**Returns:** December 30 at approximately 11:00 p.m.

\$ 200.00 down payment! Final payment is due December 1.

**January 12 - 15**

### Ski Trip to Flachau, Austria

Join ODR on a long ski weekend to the famous ski area of Flachau, near Salzburg, Austria.

**Cost: \$ 269** Includes transportation, 3 overnights, 3 breakfasts and 3 dinners

**Departs:** Vilseck at 5:00 a.m., Graf at 5:30 a.m.

**January 27**

### Daytrip to Brixental

Join us on a one day trip to Brixental.

**Cost: \$39**

**Departs:** Vilseck at 4:00 a.m., Graf at 4:30 a.m.

**February 3**

### Austria

Join us on a one day trip to Zillertal Arena.

**Cost: \$ 39**

**Departs:** Vilseck at 4:00 a.m., Graf at 4:30 a.m.

### Vilseck Outdoor Recreation Cabin Rental Fees:

	Day	Week
2 bedroom cabin	70	360
3 bedroom cabin	85	420
Party room	75	

For more information call DSN: 476-2563



## February 16 - 19

### Italy Ski Safari

Spend Presidents Day weekend on a ski trip to Italy and enjoy the slopes of very popular ski resorts.

**Cost: \$ 269** Includes transportation, 3 overnights, 3 breakfasts and 3 dinners

**Departs:** Vilseck at 8:00 a.m., Graf at 8:30 a.m.

## March 3

### Austria day trip

Join us on a one day trip to Zillertal Arena.

**Cost: \$ 39**

**Departs:** Vilseck at 4:00 a.m., Graf at 4:30 a.m.

## March 16 - 18

### Ski Safari to Zillertal, Austria

Ski with ODR the famous Zillertal Ski Arena.

**Cost: \$ 219** Includes transportation, 2 overnights, 2 breakfasts and 2 dinners.

**Departs:** Vilseck at 5:00 a.m., Graf at 5:30 a.m.

## April 13 - 15

### Ski Trip to Stubaital, Austria

Join us for the last ski trip of the season to the Stubaital Glacier.

**Cost \$ 199** Includes transportation, 2 overnights, 2 breakfasts and one dinner.

**Departs:** Vilseck April 13 at 4:30 p.m., Graf at 5:00 p.m.

### SPECIAL NOTES:

- \$20 child discount on weekend trips (only if the child is in a room with two adults)
- Single room supplement on all weekend trips \$20 per night (depending on space availability)
- On weekend trips ski or snowboarding instructions are only partially available upon request!
- On all trips we will charge half price for equipment rental
- A \$50/person reservation fee, which is non-refundable, is required to sign up for all weekend trips. Full payment is due one week prior to departure.
- Lift pass is not included in the ski trip prices listed
- Tour prices are subject to change due to the fluctuation of the dollar exchange rate.

### PERSONAL GROUP TRIPS

Where would you like to go? Group trips, 7 - 50 people,

can be arranged.

Three-week notice is required with full payment due two weeks prior to departure date.

For one-day trips, a minimum of one week notice is required with full payment due two days prior to departure date.

### Every Saturday Arber Trip

Cost: \$22 for transportation

Half day price for equipment rental. Lift tickets are not included.

Ski or snowboard instructions for adults are available upon request for \$10.

**Departs:** Graf at 6:30 a.m., Vilseck at 7:00 a.m.

### Ice Skating on Big Mike

When Big Mike freezes we have skates, hockey sticks and goals for rent.

## Airport Shuttle Service



## Munich and Nuremberg

**Are you PCS'ing, TDY, or going on leave?  
Outdoor Recreation can help!**

- ✦ **Official Government travel (PCS's, TDY's, ETS's) is fully reimbursable.**
- ✦ **We require a minimum of 72 hours notice, a strip map to the pick-up point (off post only) and a copy of your flight itinerary.**
- ✦ **Contact ODR for reservations and cost information.**



Grafenwoehr ODR DSN 475-7402 \* Vilseck ODR DSN 476-2563



## BOSS – Why you should get involved! *by Dawn Andreli*

BOSS is a program, set up to offer 'Better Opportunities for Single Soliders'.

The three pillars of BOSS are *Recreation and Leisure, Community Service, and Well Being.*

BOSS members volunteer their time to help with events offered on post. A few events we have helped with are the mountain bike race with ODR, the German-American Volksfest and the BOSS annual car show and sound

BOSS program has a great group of representative and volunteers that have helped to make the program what it is today. The more Soldiers that get involved with BOSS the more the program can do.



BOSS survey is now available at:

<http://www.armymwr.com/cfsc/crd/bosssurvey.htm>.

off.

When you volunteer with BOSS you can earn certificates and awards not to mention discounts on BOSS trips. The well being of the soldiers is a big concern to BOSS. If you have a Quality of Life issue, bring it up to your BOSS representative and we will help resolve the problem. Meetings are held twice a month to discuss upcoming events and any issues soldiers may have. The

If you have any questions on how to get involved contact your companies BOSS representative or the BOSS president, SPC Dawn Andreli DSN: 475-6116 or [dawn.schalk@graf.eur.army.mil](mailto:dawn.schalk@graf.eur.army.mil). If your company does not have a representative and you are interested in representing your company contact the BOSS president for further details.

## BOSS goes to Austria *by Dawn Andreli*

Trips are being planned to give the soldiers something fun to do on upcoming four day weekends. A few BOSS members went on their own trip to Natur Pur in Austria and came back telling everyone at the BOSS meeting they had a great time. All the reps at the meeting thought it was a great idea for a BOSS trip. After some fast planning and help from ODR the trip was set for 6-8 October to go white water rafting and canyoning. Everyone met bright and early on the 6<sup>th</sup> and headed to Austria.

Upon arrival the staff of Natur Pur warmly greeted us. We established the link up time for the next day's excursions and headed to the hotel. Once the rooms were assigned everyone was free for the night. The next morning the canyoning group met up at Natur Pur. After everyone suited up we headed up to the top of the canyon. The staff gave a safety brief and down the canyon they went. There were some spots where people faced some fears and found excitement. Everyone worked together to make it through and have fun. It was back to Natur Pur to recharge with a pizza lunch.

Wet suits were put on and the rafts were loaded

on the trailer and all were ready for white water rafting. After a short ride to the drop in point the group was on their way down the river. Listening to the commands from the tour guides, the three rafts navigated through the rapids and had a great time.

The day was done and everyone was on their own for the night. The next morning a few people went on a hike before the link up time for the bus to go home. The area was beautiful and the staff at the hotel and Natur Pur couldn't have been more accommodating. All who went on the trip had a good time and are looking forward to the next BOSS trip planned for next four-day weekends.



### BOSS Program

Grafenwoehr, Bldg. 600  
DSN: 475-6116 CIV: 09641-83-6116

Hohenfels  
DSN:466-2945 CIV: 09472-83-2945

## Grafenwoehr Heart & Home Class Schedule

### Santa Bell Pull – Paper Piecing

November 30 & December 14, 6:00 – 9:00 p.m.

December 6 & 13, 9 a.m. – noon

Make this fun and unique Bell Pull using the “paper pieced” quilting techniques. Great for beginners. Fee: \$25.00 (includes Kit)

### Change Tray

December 1, 4:30 – 6:00 p.m.

A cute gift to put your “change” in. With a little fantasy and some Mod Podge, its one of a kind.

Ages: 8 & up, Fee: \$7.50 + supplies

### Ornaments

December 5, 4:30 – 5:30 p.m.

Vivid colors from gallery glass. Transform plastic into cute ornaments.

Ages: 7 & up, Fee: \$7.50 + supplies

### Quilted Place Mats

December 8, 5:00 – 7:00 p.m.

A simple, easy gift or decoration just in time for the holidays.

Ages: 12 & up, Fee: \$7.50 + supplies

### Scrapbooking – Yarn Technique

December 12, 3:00 – 6:00 p.m.

Do you want to put yarn in your scrapbook? Come and learn fun and exciting tricks of the trade.

Ages: Adult, Fee: \$7.50 + supplies

### Scrapbooking

December 19, 3:00 – 6:00 p.m.

Bring in your favorite pictures and create some awesome pages.

Ages: Adult, Fee: \$7.50 + supplies

### Santa Cookie Jar or Gift Container

December 6, 3:30 – 5:00 p.m.

Fee: \$7.50 + supplies

**Framing:**  
Every 2<sup>nd</sup> Wednesday and 2<sup>nd</sup> Saturday of the month.  
Fee: \$35.00 + one 5x7 inch picture.  
Framing supplies are included.

**Knit Wits Club:**  
Every 4th Friday of the month, 8:30 – 10:30 a.m.

**Scrapbooking:**  
Every 4th Saturday of the month, noon - ?

Participants **MUST** pre-register for ALL classes and clubs.

### Arts & Crafts

Grafenwoehr, Bldg. 607  
Heart & Home Craft Shop  
DSN: 475-6101 CIV: 09641-83-6101

Hohenfels Bldg. 18  
Hobby Huette  
DSN: 466-2538 CIV: 09472-83-1700



## 2007 IMCOM-Europe sports calendar

All dates and locations are subject to change. Contact your local MWR Sports or Recreation Office or visit [www.mwr-europe.com](http://www.mwr-europe.com) for details.

	Army Europe Unit-Level Championship	Community-Level Ltr. Intent Due	Officials Clinics	Clinic Invitational Tournament	Army Europe Community Level Championship	US Forces Europe Championship	Final Four Army vs. Air Force Championship
Basketball	March 1 - 4 Wiesbaden, GE	October 31	October 16 - 20 Schwetzingen, GE	October 20 Heidelberg, GE	March 15 - 18 Wiesbaden, GE		March 29 - April 1 Wiesbaden, GE
Body Building						September 15 Grafenwoehr, GE	
Bowling					April 18 - 20 Schweinfurt, GE		
Boxing			Nov. 27 - Dec. 1 Schwetzingen, GE	December 1 Heidelberg, GE		April 26 - 29 Stuttgart, GE	
Combat Cross Country						October 11 Hohenfels, GE	
Flag Football	November 1 - 4 Wiesbaden, GE	August 30	July 24 - 28 Schwetzingen, GE	July 28 Schwetzingen, GE	November 15 - 18 Wiesbaden, GE		
Golf					June 22 - 24 Heidelberg, GE		
Marathon							
Mt. Bike Series						April - September Europe Wide	
Powerlifting			Oct. 30 - Nov. 3 Schwetzingen, GE	November 3 Heidelberg, GE		April 21 Bamberg, GE	
Racquetball							
Rugby							
Ski/Snowboard Series						March 10 - 11 Oberammergau, GE	
Soccer		July 11	June 6 - 9 Schwetzingen, GE	June 9 Heidelberg, GE	October 18 - 21 Camp Darby, IT		
Softball	August 2 - 5 Darmstadt, GE	April 12	April 10 - 14 Schwetzingen, GE	April 14 Heidelberg, GE	August 16 - 19 Darmstadt, GE		TBD
Ten Miler						June 2 Grafenwoehr, GE	
Tennis						July 20 - 22 Heidelberg, GE	
Track & Field			May 9 - 12 Grafenwoehr, GE	May 12 Grafenwoehr, GE		July 28 Hohenfels, GE	
Triathlon						TBD	
Volleyball	May 17 - 20 Baumholder, GE	March 7	January 23 - 27 Schwetzingen, GE	January 27 Heidelberg, GE	June 7 - 10 Baumholder, GE		
Wrestling			September 19 - 22 Schwetzingen, GE	September 22 Heidelberg, GE	December 8 - 9 Vicenza, IT	January 6 - 7 Stuttgart, GE	



## HHC JMTC Wins Flag Football Championships *by Dan Fraizer*



On Thursday, 19 October, HHC JMTC defeated the HHT RSS Hellraisers to claim the USAG Grafenwoehr Unit Level Flag Football league title. On Friday, 20 October, the competition started over again for these two teams and eight others as the Championship tournament got underway at the Grafenwoehr Sports Complex. The three-day, double-elimination had it all: thick fog, echoing automatic fire from the neighboring ranges, and the tight competition that makes tournaments like these exciting.

It was almost a "Tale of Two Tournaments" as the bracket began with a number of lopsided games. 12<sup>th</sup> Chemical advanced through the Winner's Bracket with matching 26-6 victories over Charlie Battery and the Hellraisers, while HHC JMTC dispatched the NCO Academy, 26-13, before blanking H Troop, 19-0. Down in the Loser's Bracket, the first two games were also one-sided, with Charlie Battery dominating Alpha Fire Battery, 48-25, and the NCO Academy over Maintenance Troop, 19-7.

As the tournament progressed, the margin of victory narrowed. With a trip to the Army-Europe Unit Level Flag Football Championships on the line in a "win or go home" atmosphere, five of the final seven games were decided by one touchdown or less. H Troop eliminated Charlie Battery, 20-19, before the NCO Academy sent the Hellraisers home, 38-31. When these two victors met

Sunday morning, H Troop squeaked out another win, 25-23. H Troop kept their run of close victories going with a 24-22 win over 12<sup>th</sup> Chemical, who had been dropped by HHC JMTC earlier that day.

The Championship Game, HHC JMTC versus H Troop, proved to be yet another tight contest. The teams traded scores early on, with H Troop holding on to a slim lead late in the 4<sup>th</sup> quarter. It looked as if HHC JMTC would be able to retake the lead late, driving down the field as the clock ticked away. However, H Troop was able to secure the victory after intercepting a pass in the end zone and running out the clock with a couple crucial first downs. The final score stood at 18-13, and with each team owning a one-loss record, it would come down to the "If" game to determine who would advance.

With HHC JMTC decimated by injuries and H Troop feeling the affects of having played four straight down to the wire, it would come down to which team had more left in their tanks. HHC JMTC took the opening possession of the game down the field for a score and gained the early advantage, but H Troop fought right back, scoring a touchdown of their own. When HHC JMTC put another score on the board, they turned to their defense and their running game to put the game away. For the rest of the game, when H Troop had the ball, they were not able to get into the end zone, and when HHC JMTC had the ball, they kept it on the ground enough to run out the clock. Another JMTC touchdown would be the only other points in this one as they topped H Troop, 20-7.

With the double honor of being the regular season and tournament champions, HHC JMTC will advance to represent USAG Grafenwoehr at the Army-Europe Unit Level Flag Football Championships, November 2-5, in Bamberg, Germany.

## USAG Grafenwoehr Cross Country Fun Run *by Dan Fraizer*

Nine runners braved a cool and wet autumn morning on 7 October to participate in the USAG Grafenwoehr Sports and Fitness Cross Country Fun Run. The turnout was not as high as expected but the energy level and enthusiasm of the participants more than made up for what was lacking in numbers. First and second place finishers received a t-shirt and a trophy or medal for their effort.

### Results:

- Men's Open 5K      1. Dane Gray      22:51
- Men's Open 10K    1. Rueben Maldonado    45:17
- 2. Luke Vermeleon    47:14
- Men's Seniors 5K    1. Eddie Facyson      28:11
- Men's Seniors 15K    1. Richard Smith      1:15:18
- Women's Open 5K    1. Cinita Castellanos    28:11
- 2. Carmen Escobedo    53:48
- Women's Masters 5K    1. Rachel Aue      53:57
- 2. Marina Trinidad    54:47



## USAG Grafenwoehr Corps of Volunteer Fitness Instructors *by Dan Fraizer*



Phyllis LaVelle – Circuit Training

Phyllis, originally from Kansas, has been volunteering at the Rose Barracks Fitness Center for 9 months. She has also helped coach the Community Track & Field team this past summer, and enjoys running, swimming, and outdoor cycling on her free time.



Holly Plotts – Spinning

Holly, a new member to the community, teaches a fast-paced spinning class two days a week. Aside from the spinning, Holly enjoys playing basketball, running and swimming.



Benigna Coleman – Circuit Training

Benigna, a mother of three originally from the Netherlands, has been volunteering at the Rose Barracks Fitness Center for 9 months. She can be seen at the gym 5 days a week, leading the highly popular "Circuit Training" class, assisting with "Cardio Salsa", or just joining in on any of the other classes offered.



Monika Garyantes – Step Aerobics, Body Stretching

Monika, a mother of two originally from Regensburg, Germany, has volunteered at the Rose Barracks Fitness Center for over two years. In that time, Monika has established herself as the best Step Aerobics instructor Vilseck boasts. Recently, Monika has added a Stretching class to her repertoire.



Jenny McCann – Spinning

Jenny, another busy volunteer at the Rose Barracks Fitness Center, works at Outdoor Recreation in Vilseck as well as substitute teaching at the High School. Somehow Jenny finds the time to offer an early morning spinning class two days a week.



Ginella Lane – Spinning, Cardio Salsa

Ginella, a mother of three who works full time as a social worker for the community of Vilseck, somehow finds the time in her busy schedule to teach Spinning and Cardio Salsa at the Rose Barracks Fitness Center. Originally from Panama, Ginella has been volunteering at the RBFC for 11 months.

### Fitness Centers

Grafenwoehr Physical Fitness Center, Bldg. 170  
DSN: 475-9007 CIV: 09641-83-9007

Vilseck Rose Barracks Fitness Ctr, Bldg. 323  
DSN: 476-2998 CIV: 09662-83-2998

Hohenfels Post Gym, Bldg. 88  
DSN: 466-2883 CIV: 09472-83-2883

# RECREATIONAL ACTIVITIES



Angel Washington – Aerobics, Circuit PT

Angel, who has been volunteering at the Grafenwoehr Physical Fitness Center for only a short time, has given a lot of her own time to ensure the needs of the community are met. Morning aerobics two mornings a week, a lunchtime Circuit PT class five days a week, and then evening aerobics two days a week. Having recently lost over 70 pounds herself, Angel is enthusiastic about motivating others.



William Dulay – Kick/Tone Aerobics

William, a mainstay at the Rose Barracks Fitness Center for the past three years, has built quite a following. He currently teaches the Kick/Tone Aerobics class on Wednesdays, and has also helped coach the community boxing team. The fitness programs over the past years in Vilseck would not have been as successful were it not for the help of William Dulay.



Michelle Zumwalt – Kick w/a Twist

Michelle, a very familiar face around Garrison Grafenwoehr, has been extremely active with the fitness programs, and is currently teaching three mornings a week at the Grafenwoehr Physical Fitness Center. The first Saturday of every month, Michelle teaches a Women's Self Defense class in Vilseck.



Claudia Peters-Cass – Yoga

Claudia, an Ashtanga-Vinyasa Yoga instructor, has been offering classes at the Grafenwoehr Physical Fitness Center since June 2006. Participants in Claudia's class can always count on her sunny disposition to make for an enjoyable class.



Andrea VanGorder – Yoga

What is better than having one yoga instructor? Having two yoga instructors. Andrea, who has come to us from Ft. Lewis, Washington, is a well-trained and experienced instructor, is offering classes in Grafenwoehr and Vilseck.

## *Astanga Vinyasa with Claudia Starting in January 2007*

*Astanga Vinyasa is a dynamic, vigorous yoga exercise that uses breath control techniques, to flow from one posture to the next.*

*Practice will improve flexibility, balance, strength and coordination, while reducing stress and tension.*

*Astanga Vinyasa Yoga is a great way to ease into a fitness program, to get back into shape and to complement any exercise program.*

*The first half hour of my class includes a warm up and different standing poses. The second half includes seated twists, stretches, a 5 min acrobatic- fun lesson and a guided relaxation practice. Everybody is welcome. I modify the lesson to fit individual needs and abilities.*

*\$45 for a 6-week session  
Two classes per week!*

*Sign up at the Grafenwoehr Physical Fitness Center!*

## Upcoming Sports & Fitness Events by Dan Fraizer

### December - USAG Grafenwoehr Racquetball Tournament

Take it to the walled court on Saturday, December 9, at the Grafenwoehr Field House. Registration starts early in the morning, and the first matches will begin at 9:00 a.m.

### January - Community Boxing and Powerlifting Team Registration

If you would like to represent Garrison Grafenwoehr this year as a boxer or a powerlifter, contact your local sports office. Registration for these two sports happens throughout the month of January.

### German/American Indoor Soccer Tournament

The indoor soccer program will return to Grafenwoehr in January. There will be three qualifying tournaments, January 14, 21, and 28, leading up to the Super Soccer Bowl Finals on February 3. This event is open to everyone!

*Certified Personal Trainer is available by appointment in*

*Vilseck Rose Barracks Fitness Center:  
Tuesday, Thursday  
&  
Grafenwoehr Physical Fitness Center:  
Monday, Wednesday, Friday*

### Weekly Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Grafenwoehr	0845 Kick w/a Twist 1000 Yoga 1145 Circuit PT 1800 Basic Boxing 1830 Aerobics	0845 Aerobics 1000 Yoga 1145 Circuit PT 1700 Tae-Robics 1800 Yoga (contracted)	0845 Kick w/a Twist 1145 Circuit PT 1800 Basic Boxing 1830 Aerobics	0845 Aerobics 1000 Yoga 1145 Circuit PT 1800 Yoga (contracted) 1800 Tae-Robics	0845 Kick w/a Twist 1145 Circuit PT
Vilseck	0630 Spinning 0900 Circuit Training 1015 Body Stretching 1200 Spinning 1345 Yoga 1730 Spinning	0630 Circuit Training 0900 Spinning 1015 Step Aerobics 1200 Cardio Salsa 1530 Circuit Training 1730 Step Aerobics	0630 Spinning 0900 Circuit Training 1015 Body Stretching 1200 Spinning 1345 Yoga 1730 Spinning 1730 Kick/Tone Aerobics	0630 Circuit Training 0900 Spinning 1015 Step Aerobics 1200 Cardio Salsa 1530 Circuit Training 1730 Step Aerobics	0630 Spinning 0900 Circuit Training 1015 Body Stretching 1200 Spinning 1730 Yoga 1730 Spinning
Hohenfels	0630 Spinning 0915 Yoga 1200 Indoor Cycling 1600 Spinning 1700 Jazzercise	1600 Spinning	0930 Spinning 1200 Indoor Cycling 1700 Jazzercise 1730 Escrima 1830 Spinning	1600 Spinning 1700 Step/Circuit 1830 Spinning	0915 Pilates 0930 Spinning 1200 Indoor Cycling 1700 Jazzercise 1730 Escrima

Hohenfels also offers on Sundays: Adult Tae Kwon Do - 1300 hrs as well as Youth Tae Kwon Do - 1500 hrs.



## Massage Program

U.S. Army Garrison Grafenwoehr

*Drop by the Graf Physical Fitness Center or Rose Barracks Fitness Center and reserve your appointment today!*

### 10 reasons to get a massage:

1. Made the circuit training class for two weeks straight!
2. Held that position in the yoga class two minutes too long..
3. Upcoming PT test / Just had a PT test
4. Finally made it to the gym!
5. Need some time just for me
6. Kevlar only comes in One Size Fits No One
7. Certified professionals who really care
8. Never the wrong size, always the right color
9. Winter in Bavaria (you mean they have summer?)
10. No calories, no additives, and no side effects!



## Jazzercise Triple Play Workout- Cardio, Strength, Stretch

When you love your workout, results come easily. Jazzercise combines elements of Jazz dance, resistance training, Pilates, Yoga, Kick Boxing and more to create a truly effective program for people of all ages and fitness levels. Increase your muscle tone and strength with Jazzercise Tripple Play. Classes are \$4. Package deals are available. The first class is always FREE!

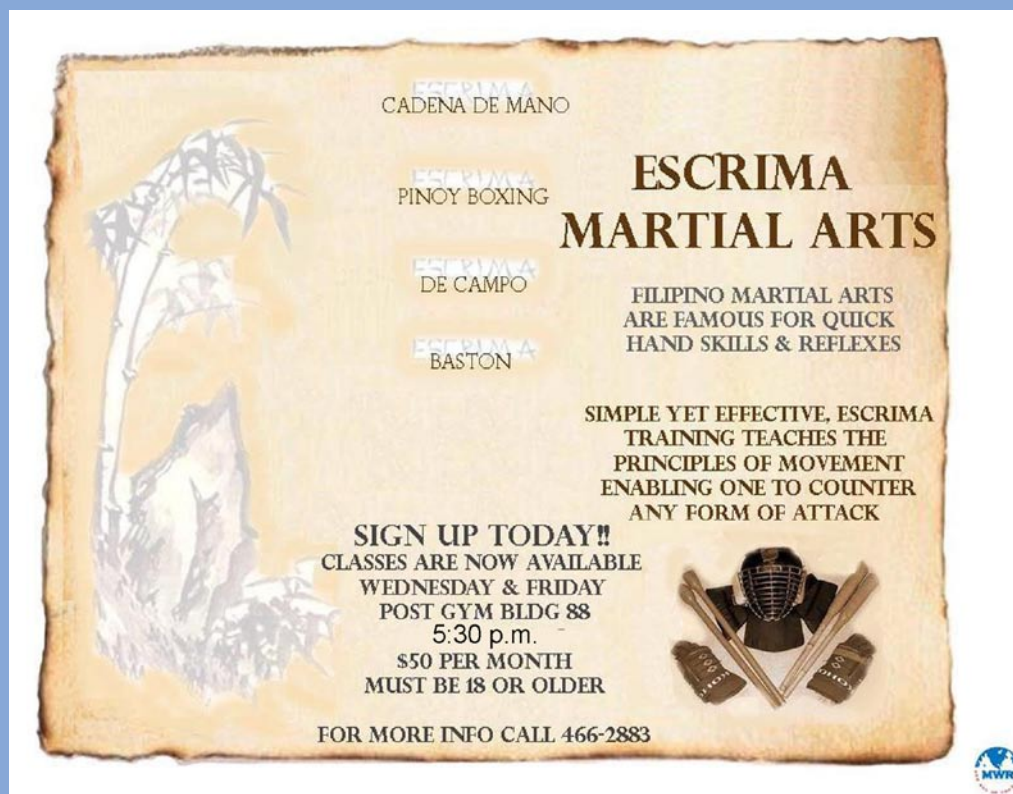


## Spinning With Maria Diaz

Maria brings Spinning to Hohenfels and it isn't your average cycling workout. Spinning tightens and tones with a high-intensity routine to music that includes jumps, rhythmic riding and an out-of-the-saddle workout that is pure energy. The Spinning room is designed to help you get the most out of your workout. Dark walls and black lights make Maria's Spinning class an excellent way to optimize your



exercise program. Come try Spinning today!



## Escrima Martial Arts

This form of Filipino martial arts involves both hand-to-hand combat and weapons training. This is an extremely practical self-defense class. Come learn the principles of movement enabling one to counter any form of attack. You must be 18 or older to participate. Classes are only \$50 per month. Call and sign-up today!

### Fitness Centers

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## USAG Grafenwoehr Tree Lighting Ceremonies



Photo by Sue Bluhm

As this holiday season approaches the spirit of giving, well being and good cheer will fill the air, USAG Grafenwoehr will conduct its annual tree lighting ceremonies.

The **Grafenwoehr Ceremony** is **5 Dec** starting at 5:15 p.m. at the intersection of Wilbur Road & Gettysburg Avenue.

The **Vilseck Ceremony** is **7 Dec** starting at 5:15

p.m. at the Rose Barracks Health Clinic parking lot.

Local community groups and host nation organizations will provide music as the USAG Grafenwoehr community listens to and sings holiday carols during this special time of year. Be a part of fostering positive German/American relations and experience the holiday warmth of our community.

### Events:

- 4:30 p.m. Musical Introduction
- 5:15 p.m. Tree Lighting Ceremony Begins
- Musical Introduction
- Welcoming Remarks by USAG Commander
- Invocation
- Christmas Carol (English and German)
- 6:00 p.m. Lighting of the Tree
- 6:05 p.m. All Present Sing 1st Verse of Silent Night
- 6:10 p.m. Benediction
- 6:12 p.m. Santa/St. Nick arrive
- 6:15 p.m. Santa/St. Nick will give out candy stockings

### Hohenfels Tree Lighting Ceremony & Concert

Sunday, December 3, 2006 - 4:30 p.m.  
at the Nainhof Chapel

1st Armored Division Band  
concert will begin at 5:30 p.m.

Please join the Hohenfels  
community as we kick off  
the 2006 Holiday Season.

For more information  
call DSN 466-2087



### USAG Grafenwoehr Tree Lighting Ceremonies

**Grafenwoehr 5 December at 1715**  
**Vilseck 7 December at 1715**

Join USAG Grafenwoehr in both annual  
Tree Lighting Ceremonies.

Sing Traditional Christmas Carols  
Enjoy Free Hot Beverages and Finger  
Foods

Join the community to foster  
German/American relationships  
and emphasize the importance of  
friends and family  
during the

## Holiday Season



## Send a Live Picture To Your Family and Friends *by Bubba, Weiden Zuhause*

A unique concept in Germany makes it possible to send live pictures to their loved-ones in the States or anywhere else! Of course, you can also use it as an opportunity to send your smiling face to whomever and wherever you want to.

Visitor requests made to [www.weiden-zuhause.de](http://www.weiden-zuhause.de) resulted in the installation of a fourth web cam at the "Information Point", located in the Old City Hall, Weiden,

for anybody visiting us and wants to send some greetings. The Information Point also provides tourist information and is open daily from 5 a.m. to 10 p.m.!

Have you checked out the cool panoramic picture of Weiden on the web cam page (bottom) yet? In each picture is a hidden link to a connecting place or street. It's like going for a walk in Weiden in your pajamas....if you want. ;-).



## Advent in the district of Amberg-Sulzbach *by Landratsamt Amberg-Sulzbach*

In the district of Amberg-Sulzbach, the traditional customs for the pre-Christmas season (Advent) are observed everywhere. In contrast with the unrestricted enjoyment of the local festivals, called Kirchweih or Kirwa, which are held in the summer or the early fall, the beginning of Advent is marked by a much more contemplative mood. Here the four weeks leading up to the celebration of the birth of Christ are known as the "staade" or quiet time. In many communities local folk groups organise contemplative get-togethers, held not only in churches. This is also the time of the numerous Christmas markets.

In informal concerts, a combination of music and readings, often in the local dialect, set the atmosphere for the festival of the Nativity, Christmas Eve. The story of Maria and Joseph searching for room at the inn is the central theme. Often this is the occasion when the small children from the kindergarten make their first attempts at acting.

"Christmas in the forest" is a typical feature of those parts of Bavaria which are predominately Roman Catholic and this includes the Upper Palatinate, the Oberpfalz. It is popular with audiences of all ages, especially when the Christmas play can take place in a snow-covered forest.

The oldest Christmas in the forest has been held since 1975 at the highest point in the district, the Buchberg, which lies at the heart of a large forest, east of Schnaittenbach. The play is called "If Bethlehem was on the Buchberg" and is performed in the local dialect in the romantic setting of the mountain refuge, which is open for snacks all year round.

The "Christmas in the forest" which attracts the greatest number of American visitors is held near the Südlager in Vilseck. Shepherds with their animals and accompanied by visitors make their way from the centre of Sorghhof past the stands to the nearby wood and from there to woodland clearing, where a large group of local people perform their version of the journey to Bethlehem. Needless to say the program, which lasts one and a half hours also includes some of the traditional English Christmas carols.

The traditional Advent or Christmas markets are also very popular with local people. The largest of these which is open daily is the Christmas market in Amberg. On the three Sundays before Christmas the market in Schloss Theuern also opens its doors to visitors. The monastery Christmas market held in the Landratsamt (county offices) in Amberg offers a unique opportunity to see a wide range

*Continued on pg. 46*

### Tourismus & Marketing Landkreis Amberg-Sulzbach

Phone: 09621-39-135  
Fax: 09621-39-120  
Schlossgraben 3, 92224 Amberg

E-Mail: [bianca.spies@amberg-sulzbach.de](mailto:bianca.spies@amberg-sulzbach.de)  
Internet: [www.amberg-sulzbach.de](http://www.amberg-sulzbach.de)



continued from pg.45

## **Christmas Markets**

23.11 to 17.12	Christmasmarket of Pro SuRo, Luitpoldplatz, Sulzbach-Rosenberg (every Thurs. to Sun. (4 -8 pm)
2 Dec	Adventmarket in Auerbach, held in the market square
2, 16-17 Dec	Adventmarket of the Hohenkemnath organisations, Kirchplatz Hohenkemnath
2-3 Dec	Adventmarket in Schmidmühlen
2-3 Dec	Christmasmarket of the Women's Guild
2-3 Dec	Advent market of the Arts Guild Hahnbach
2-3 Dec	Christmasmarket of the Hirschau organisations
3 Dec	Christmasmarket of committee for "Christmas in Schnaittenbach"
3 Dec	Christmasmarket of the organisations in Etzelwang in Etzelwang
3, 10 and 17 Dec Theuern	Official Christmas market of the district of Amberg-Sulzbach in the grounds of the castle in
9 Dec	Village advent in Trasslberg
9 Dec	Christmasmarket "Am Harranger" in Freihung (starting at 3pm)
9-10 Dec	Christmasmarket of the Arts Guild in Hohenburg
9-10 Dec	Christmasmarket of the riding club in Vilseck
9-10 Dec	Adventsmarket in Kastl
10 Dec	Christmasmarket of the organisations in Lehental
15 Dec	Village Christmas with the Guitar Club in Poppenricht
16-17 Dec	Advent market of local organisations in the market square in Ursensollen

## **Christmas in the Forest**

16 Dec. at 4.30 pm	Christmas in the forest with the Fire Brigades from Schnaittenbach
16 Dec. at 5 pm	The church choir from Sorghof celebrates Christmas
17 Dec. at 5 pm	Christmas in the forest with the Ehenbachtal Club
17 Dec. at 4.30 pm	The Schmidmühlen Skiing Club celebrates Christmas
29 Dec. at 5 pm	Torchlight walk through the woods ending with a celebration of Christmas along the theme of "A star shows the way" Meeting place: upper car-park on the Annaberg,Sulzbach-Rosenberg.

## **Music for Christmas**

2 Dec	Music for Christmas with the guitar group in Poppenricht
10 Dec at 5 pm	Christmas concert of the mixed choir, Hahnbach
14 Dec	Concert with music by Andreas Rasilus in the Lutheran church in Hahnbach
16 Dec. at 8 pm	Christmas concert with the Working men's band in the school sports hall in Schlicht
16 Dec. at 8 pm	Music for Advent in the RC parish church St. Veit in Schnaittenbach
17 Dec at 2 pm	Music for Advent in the parish church of St. Martin in Gebenbach
17 Dec	Advent music with the Kastl brass band in the monastery church in Kastl
17 Dec. at 3 pm	Music for Advent in the Catholic church in Neukirchen
20 Dec. at 7 pm	School Christmas concert of the HCA Gymnasium in Sulzbach- Rosenberg
21 Dec. at 7 pm	Christmas concert to celebrate the 50 <sup>th</sup> anniversary of the municipal music school\
25 Dec. at 9.30 am	Christmas carol service with the male voice choir in Schmidmühlen
26 Dec. at 5 pm	Christmas concert with the Vilseck Musikverein Ägidius in Vilseck
26 Dec. at 5 pm	Christmas concert with the brass band from St Ägidius in the Schmidmühlen